

# Injury Assessments

Is your back bothering you?

Knee pain affecting your workout?

Aches and pains keeping you up at night?

Amy and Sarah, Physical Therapists from ECHN Rehab, located at Court House Plus, will be happy to spend a few minutes with you to assess any injuries or issues affecting your quality of life.



**Tuesdays 3:30 - 4pm**

**Thursdays 9 - 9:30am**

*Please enter the ECHN Rehab Center on the lower level located adjacent to the Women's Main Locker Room*

*Registration is required! Register at Member Services Desk!*

**COURT HOUSE PLUS**  
***Fitness & Wellness Center***